

# Timeline for an IVF Cycle

## Day

1

Of Cycle

- Patient is to call Clinic with Day one
- Day one is considered to be the first day your period is at full flow (heavy) prior to 12pm (Midday)

2/3

Start injections (FSH)

- Commence injections according to treatment plan and instructions from nurses

6 to 8

Scan

- Follicle Scan (internal ultrasound) with specialist
- An interpreter can be organised if required

10 to 12

Scan

- Follicle Scan (internal ultrasound) with specialist
- Day of scan determined by how patient is responding to treatment
- An interpreter can be organised if required

14 to 16

Egg Collection and Sperm Retrieval

- Egg Collection and Sperm Retrieval
- Date of egg collection will depend on how quickly you respond to medication
- Egg collection may occur in Hospital under General Anaesthetic or in a designated Procedure Centre under light sedation
- Sperm retrieval (if applicable) happens at City Fertility Clinic whilst the patient is undergoing the egg collection
- An interpreter can be organised if required

Fertilisation

- Fertilisation is attempted using the eggs and sperm in the laboratory
- The scientist will contact you the following morning after egg collection and let you know how many eggs fertilised
- The embryos are placed in an incubator and grown in the lab
- You will receive updates from the scientists every second day

17 to 21

Embryo Transfer

- An embryo is transferred to the uterus

The above is an example of an average IVF cycle. All treatment plans are different and all patients respond to medication differently. If you are travelling to Australia for IVF treatment please speak to our fertility nurses who will be able to give you a more accurate guide of how long you will need to be in Australia for treatment. It is recommended that you arrive in Australia at least a couple of days prior to when your period is due in case it comes early and also allow at least 5 days in addition to the timeline provided above in case your body is slow to respond to the Medication. City Fertility would highly recommend taking out the appropriate travel insurance in case you were to have an adverse reaction to medication or you develop ovarian hyperstimulate syndrome.